

Packing List for a Winter Day Hike

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Clothing and Footwear

- Boots
- Non-cotton insulating layers
- Weatherproof outer layer
- Hat, gloves and face protection
- Extra socks

Food and Drink

- Snacks/meals
- Water

Comfort and Survival

- Sunglasses (if you'll be around snow or ice)
- Headlamp and extra batteries
- Navigation aid (guidebook, map/compass, GPS)
- Backpack
- Emergency kit

"Maybe" Items You Might Need

- Ice grippers/micro spikes
- Snowshoes
- Trekking poles
- Gaiters
- Thermos of hot tea/hot chocolate
- Camp stove and pot (to heat up drinks/food)
- Face mask or other sun coverage (if you'll be around snow or ice)
- Avalanche gear (beacon, shovel, probe) if you're hiking on or under avalanche terrain

Your Additions

- _____
- _____
- _____
- _____
- _____